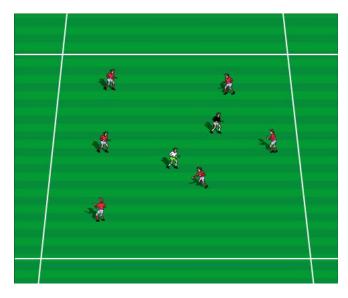


Curriculum – Mini Kick

Activity # - 30

| Game Title: | Freeze Tag | Game Theme: | Movements |
|----------------------|---------------------------------|-------------|-----------|
| Learning Outcome(s): | Speed, balance and coordination | | |



Organization:

- 1. 20 x 20 yard area, set up as shown
- 2. 1 ball per player

Story/Description:

- 1. The coach is the tagger
- 2. If the player gets tagged they must stand like statues until the parent helper unfreezes them

Coaching Points:

- 1. Make sure to stay on the desert island (area)
- 2. Keep your head up and look out for the coach
- 3. Stand as still as you can when tagged

Developments:

- 1. Add the ball
- 2. Allow players to unfreeze other players